

Rent Control: Does It Work?

Source: Institute of Economic Affairs (2024)

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IMPLICATIONS FOR RENT CONTROL:

The evidence presented across 196 studies reveals that while rent control achieves lower rents in regulated units, it exacerbates broader housing crises by shrinking supply, deteriorating quality, and creating market distortions. Policymakers are urged to conduct comprehensive cost-benefit analyses before introducing such policies to avoid unintended negative consequences.





Broad Impacts of Rent Control Across Supply, Mobility, and Quality

1. Significant Reduction in Housing Supply:

 Out of 16 studies reviewed on the impact of rent control on supply, 12 found a negative effect, showing that rent control discourages the development of new rental housing and reduces the availability of existing rental units.

3. Reduced Mobility and Increased Inefficiencies:

- Rent control policies reduce tenant mobility, as residents remain in controlled units even when their housing needs change.
- This stagnation leads to misallocation, where tenants occupy units that are too large or too small while others struggle to find suitable housing.



2. Deterioration in Housing Quality:

 Out of 20 studies focused on housing quality, 15 found negative effects, as rent control discourages landlords from maintaining and upgrading properties due to reduced revenue.



4. Discriminatory Market Dynamics:

 Market distortions caused by rent control can lead to black-market activities (e.g., key money) and increased discrimination against marginalized groups seeking housing.

5. Increased Rents in Unregulated

Out of 17 studies on uncontrolled rents, 14 found a
positive effect, meaning rents outside of controlled
markets increased due to reduced supply and competition.